COVID-19 OAP DECISION TOOL

Have you been in direct* contact with a person with laboratory confirmed case of COVID-19? (*direct means person to person, NOT higher order contacts such as a ‘person who met a person who met a person that was sick’)

Yes

Are you living in the same household as, being an intimate partner of, or providing care in a non-healthcare setting for a person with symptomatic laboratory-confirmed COVID-19 infection?

No

Symptomatic = fever (≥ 100.4 F) and/or acute lower respiratory symptoms such as cough and shortness of breath

Yes

Were you within 6 feet of the sick contact (i.e. next to someone at a dinner, meeting, interview, plane seat, town hall, etc.) for a prolonged period of time (>15 minutes) or were you exposed to respiratory secretions by being directly coughed or sneezed on?

No

Yes

Were you in the same indoor environment (office spaces, cafeteria, committee/hearing rooms, etc.) for a prolonged period of time (>15 minutes), but >6 feet away and not sneezed/coughed on?

No

All other brief contacts not categorized above (such as shaking hands, taking a photo/selfie, passing in a hallway, etc.)

Yes

High/Medium Risk

Stay home and avoid public activities; Expect quarantine; Consult public health for guidance

Low Risk

Self-monitor symptoms for 14 days after exposure. Personal hygiene and social distancing in accord with recommendations for all members of the community.

Symptomatic People

Immediately isolate at home; Pre-notify and consult health care provider for moderate/severe illness; Consult public health for evaluation; Expect isolation for 7 days or more.

No Identifiable Risk

Immediately isolate at home; Pre-notify and consult health care provider for moderate/severe illness; Consult public health for evaluation.

Asymptomatic People

Self-monitor symptoms for 14 days after exposure. Personal hygiene and social distancing in accord with recommendations for all members of the community.

Symptomatic People

Immediately isolate at home; Pre-notify and consult health care provider for moderate/severe illness; Consult public health for evaluation.

OAP V2.1

Immediately isolate at home; Pre-notify and consult health care provider for moderate/severe illness; Consult public health for evaluation.

In absence of specific guidance from local public health professionals this CDC based tool may be used. Specific recommendations may be modified by local authorities.